



Jedi Training Academy

Kidzsmart.ca Family Clubhouse
416-481-5425



The Art of the Jedi Samurai

Real Martial Arts, REAL FUN!!

Parents!! Enjoy 1.5 Hours off!

Since MOST Champions take BOTH the **Jedi Training Academy & Team Canada Martial Arts** program, we placed **BOTH program classes back to back**, (for most classes) so you (as a parent) can enjoy 1.5 hours of "me" time ... while your Champion is being lead by Members of Team Canada & some of the leading coaches in Canada!

Jedi Training Academy!! ... only at Team Canada KickSMART!

Learn how to be a modern day Jedi / Samurai! Since the Jedi concept came from the Samurai, in the classes the Jedi Masters will be wearing Traditional Samurai clothing and also be showing & teaching special Jedi / Samurai moves!!

Jedi Training Academy is a Leadership Program! It is a Fusion of adventure, missions and role playing while developing the self confidence, self control and physical conditioning of the Young Jedi!

The Jedi Training Academy's training is based upon **Aiki Jujitsu (the Art of Softness or use of an opponent's energy)** -- the original and traditional martial arts used by the Samurai when they did not have a sword (i.e., Light Saber) to defend themselves. We also will teach your Young Jedi some phenomenal conditioning exercises, help them develop their ki/chi (the real life basis of The Force), teach them swordsmanship, and help them develop their Jedi Persona and enhance the Hero in them! We might even toss in a few Jedi Mind Tricks

Aiki Jujitsu emphasizes "**an early neutralization of an attack.**" It emphasizes throwing techniques and light joint manipulations to effectively control, subdue an attacker. It emphasizes using the **timing & energy of an attack to either blend or neutralize its effectiveness and use the force of the attacker's movement against them.** It is regarded as one of the best martial arts to deal with the threat of other oncoming attackers with minimal use of striking, punching or kicking. Also, your young Jedi will be learning proper falling and rolling techniques! (There is also a belt system in this program as well along with a Jedi ranking Academy rank badge system!) The entire program's curriculum is over looked by the **North America Gold Medalist Member Of Team Canada Jujitsu.**

The Benefits of the combined Team Canada Martial Arts and the Jedi Training Academy!

This is a very **complementary** program to our Team Canada Martial Arts Program (which is based upon Karate, Kung Fu, Kick boxing – striking, blocking, punching, kicking techniques, etc.) Both is a Leadership Development program, that, TOGETHER, form a complete martial arts system!!

No Previous Martial Arts Experience Required. You don't even have to be a big Star Wars Fan!

If you're ready to have a great time while working out hard, and you just like the IDEA of Jedi, join us!

Be a Jedi!
Learn Martial Arts in a Fun, Playful way!
Limited Spaces Available

www.kicksmartworkshop.com "The Leading Educational Program to Develop your Childs Mind, Body and Spirit!"